

Community Market

707-546-1806
1899 Mendocino Ave.
www.srcommunitymarket.com



ORGANICALLY DELICIOUS!
LOCAL * ORGANIC * VEGETARIAN
IN BUSINESS SINCE 1975



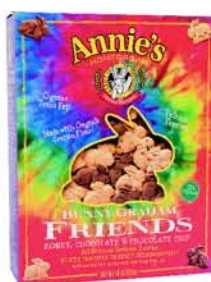
Good From: 03/01/2010 Thru: 03/31/2010



Community Market is Sonoma County's worker-run, vegetarian natural food store. Since 1975 we've provided the community with wholesome, organic foods and products. But we're more than just a store...

We are a family of workers committed to serving our community and building a more sustainable future. We're passionate about food! We have a comprehensive product policy, driven by our ideals and ethics. We strive to carry only the finest, most ethical, and most nutritious products. Any profit is directed back to the community in the form of donations, discounts and service. At Community Market, the workers are the leaders. We elect representatives from our peers to serve on the Board of Directors. Involvement, leadership and dedication to our values are more than a catchy phrase to us. They are the way we run our store. Everyday.

We invite you to come in and experience the difference our grassroots ethics make. You'll see it in our quality items, and you'll see it in our friendly service. Feel free to call and schedule a store tour. A member of our staff will be proud to introduce you to the Community Market way of shopping, eating, and living.



Annie's Homegrown
**Organic
Bunny
Graham
Friends**
10 OZ

\$2⁹⁹

Introduce yourself one delicious flavor at a time - Honey, Chocolate Chip, and Chocolate - or unite them all in one mouthful!



Blue Diamond
**Almond
Breeze**
32 OZ

\$1⁹⁹

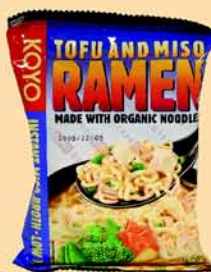
Almond Breeze is a great tasting non-dairy beverage made from real almonds. All natural, smooth and creamy.



Wholesome
Sweeteners
**Organic
Sugar**
Fair Trade
2 LB

\$3⁹⁹

Excellent for baked goods. No additives or preservatives.



Koyo
**Tofu &
Miso
Ramen**
2 OZ

99¢

The noodles are baked, not fried, and the savory miso broth contains no additives, preservatives or msg.



Newman's Own
Organics
**Spelt
Pretzels**
7 OZ

\$2³⁹

Spelt's light, slightly sweet, nutty flavor makes it a perfect choice for a pretzel.



Amy's
**New! Non-Dairy
Rice Mac &
Cheeze**
Gluten Free & Vegan
8 OZ

\$2⁹⁹

A delicious non-dairy cheeze to go with our tender organic rice pasta.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THESE PRODUCTS ARE NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE. SOME ITEMS MAY NOT BE AVAILABLE. NOT RESPONSIBLE FOR TYPOGRAPHICAL ERRORS.



Bulk
Mung Beans

\$1.19
LB

The most popular use of mung beans in the western world is for sprouting. Interestingly, the sprouts contain vitamin C that is not found in the bean. Sprouting is an easy and convenient way to provide fresh salad ingredients on demand.



Bulk
Black
Mission Figs

\$3.99
LB

Figs are fat-free, sodium-free and, like other plant foods, cholesterol-free.

Bulk
Popping Corn



89¢
LB

sprinkle nutritional yeast over freshly popped popcorn, and you've got a treat that not only is delicious and addictive, but is really good for you.



Bubbies
Pure Kosher
Dills
16 OZ

\$3.49

Naturally crunchy, no vinegar or preservatives, naturally fermented and cured.



Follow Your Heart
Original
Vegemise
Dairy Free
32 OZ

\$4.99

Enjoy real mayonnaise taste with our world-famous, egg-free and all natural Vegemise Dressing and Sandwich Spread.



Cool Cups
4/4 OZ

\$2.39

Every great fruity flavor is fat free, gluten free, GMO free, 100% vegan, and naturally low in calories.



Nancy's
Organic Low
Fat Plain
Yogurt
32 OZ

\$2.99

Fully cultured with casei, rhamnosus, acidophilus, bifidum, thermophilus and bulgaricus.



Earth Balance
Natural
Buttery
Spread
16 OZ

\$3.49

This unique natural margarine tastes and cooks like butter. Non-GMO, 100% expeller-pressed oils.



Alden's
Organic Ice
Cream
48 OZ

\$4.59

Alden's Ice Cream tastes so good, it will become your family's favorite.



Amy's
Organic
Cheese Pizza
12 OZ

\$8.49

Amy's cheese and tomato pizza made with a light, tender, organic rice crust.



Amy's
Organic
Bistro Burger
10 OZ

\$4.69

Made with organic, brown rice, pinto beans, plenty of mushrooms and a touch of barbecue sauce.



Amy's
Organic Black
Bean Vegetable
Enchilada
9.5 OZ

\$3.49

Filled with a blend of organic black beans, tofu and vegetables and covered with a traditional Mexican sauce.



Rising Moon
Organic
Lasagna
10 OZ

\$4.29

If you love classic Italian dishes, but don't want the cheese, our Organic Lasagna filled with Primacotta will send you over the Rising Moon.



Health Is Wealth
Chicken-Free
Nuggets
10.5 OZ

\$4.19

Our nuggets have 92% less fat than regular chicken nuggets. 100% Vegetarian.



Rudi's
COUNTRY
MORNING WHITE
Organic
22 OZ

\$3.39

The combination of potato and wheat flours makes this bread light, sweet and perfect for everyday use.





Harvest Bay
Coconut Water
11 OZ

\$1²⁹

Harvest Bay® Coconut Water is extracted from fresh young coconuts for a refreshing taste.



Thai Kitchen
Organic
Coconut
Milk
14 OZ

\$1⁴⁹

Premium grade coconut milk, pressed only from fresh, ripe coconut meat, and naturally processed without chemical additives or preservatives.



Newman's Own
Organics
Fig Newmans **\$3²⁹**

Fat Free
12 OZ

The first fig bar made with organic figs, organic sugar, organic flour, and without hydrogenated oils.



Food Merchants
Organic
Polenta
18 OZ

\$2²⁹

At last, a delicious ready-made Organic Polenta.



Wasa
Multi Grain
Crispbread **\$1⁹⁹**
8.8 OZ

A bread for all occasions: for breakfast or lunch, or as a snack during a busy day.



Annie's Naturals
Goddess
Dressing
16 OZ

\$4²⁹

A creamy tahini and lemon dressing with chives and parsley... a real showstopper.



Westbrae
Organic Cut
Green Beans
14.5 OZ

\$1⁶⁹

Your favorite vegetables, organic and convenient! Just heat 'n eat!



Rapunzel
Organic
Corn Starch
8 OZ

\$2⁴⁹

The perfect organic thickener for any gourmet baking or cooking dish.



Rapunzel
Organic Vegetable
Bouillon with
Herbs **\$2⁴⁹**
3.10 OZ

This delicious vegan bullion will add an herb flavor to any vegan dish.



Arrowhead Mills
Organic
Whole Wheat
Flour
Whole Grain
2#

\$2⁴⁹



Food For Life
Organic
Ezekiel 4:9
Cereal
16 OZ

\$3⁹⁹

100% flourless and delicious when eaten cold or hot.

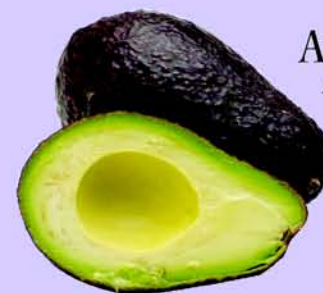


Imagine Foods
Original
Almond
Dream
64 OZ

\$3⁹⁹



ORGANIC
Avocados
All Varieties!



10% off!

One of our favorite fruits, avocados are a great source of fats and oils, and make a wonderful addition to salads. Look for Haas, Bacon and Fuerte varieties all month long!

ORGANIC
Dates
Medjool,
Apple-Cinnamon and
Coconut



10% off All Flavors!

Delicious and Sweet! Satisfy your sweet tooth with whole medjools, coconut or apple cinnamon rolls, from California!

ORGANIC
Asparagus

10% off!



The Spring Favorite! Fresh California Asparagus, delicious raw, steamed, or stir fried, on special all month long!



Community Market
Food For People,
Not For Profit.



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SANTA ROSA, CA 95401

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Supplements & Bodycare



Garden of Life
Raw Cleanse
1 Kit

\$25⁹⁹

RAW Cleanse from Garden of Life features uncooked, untreated and unadulterated ingredients that are designed to support your body's natural digestive and detoxification systems



Barlean's
Olive Leaf Complex
8 oz.

\$15⁹⁹

World's Freshest and Most Beneficial Olive Leaf Complex.



Irwin Naturals
Steel-Libido®
For Women
75 liq. softgels

\$23⁹⁹

Works in two ways. First, it supports sexual desire and libido. Second, it helps promote the intensity of physical pleasure.



Now
Cal-Mag + D
120 softgels

\$8⁹⁹

Formulated to work synergistically within the body, primarily to aid in the development and maintenance of healthy bones.



Heel
Traumeel
Gel
50 grams

\$14⁹⁹

For the temporary relief of muscular pain, inflammation, sports injuries and bruising.



Garden of Life
Probiotic Smile
60 mints

\$16²⁹

If a naturally brighter, whiter smile and fresher breath is what you are seeking, look no further than Probiotic Smile™ from Garden of Life®.



Salus
Floravital®
Iron +
Herbs
8.5 oz.

\$22⁹⁹

The Salus Floravital formulation is yeast and gluten free with no added sugar and is suitable for vegetarians and vegans.



MegaFood
Kids N' Us
Vitamin D-3
60 tablets

\$9⁹⁹

MegaFood provides 100% whole food vitamin D3, the most bioactive and bioavailable form of this essential nutrient. Each mini tablet is easy-to-swallow and gentle on the stomach.



Hylands Homeopathic
Calms Forte
100 TAB

\$6⁴⁹

Helps to alleviate sleeplessness due to stress and nervous tension. Wake up feeling rested and refreshed.



Udo's Choice®
Super 8
Hi-Potency
Probiotic
30 caps

\$16⁹⁹

A potent formula that contains 20 billion viable organisms per capsule for therapeutic immune support.



Irwin Naturals
Daily Gentle
Cleansing &
Digestion™
60 liq. softgels

\$13⁹⁹

Combines a traditional Ayurvedic digestive blend with Western botanicals to soothe, detoxify and promote healthy digestive flow while supporting liver health.



Kyolic
Formula #103
Garlic Extract
With Vitamin C & Astragalus
100 CAP

\$10⁹⁹

Provides a select combination of vitamins and herbs to support healthy immune function

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